Team Teach Intermediate Trainer course

Our Team Teach Behaviour Support Trainer courses provide your organisation with researched, considered behaviour support strategies as a foundational approach for your staff when responding to behaviours that may present as challenging in your working environment.

We work with you to positively transform behaviour support in your organisation and reduce the need for physical intervention. Our training provides you with a toolkit of strategies you can rely on, and promotes respect, teamwork, personal safety, preventative skills and de-escalation.

Who are *Train the Trainer* courses for?

These courses are for individuals who want to lead on, and provide the delivery of training in behaviour and crisis support strategies to colleagues throughout their own organisation.





Benefits of having your own in-house behaviour champion

- Provides valuable and effective CPD for staff with positive effects on staff retention and well-being.
- Gives you greater flexibility with your internal training.
- Creates leaders to support positive culture changes.
- Empowers your staff with an in-depth understanding of a variety of behavioural support strategies that will be effective in your organisation.
- Provides you with a cost-effective way to train your staff teams on an ongoing basis.
- You can be confident that all training meets relevant legal standards and expectations.

What's included in the Train the Trainer course?

The 5-day Intermediate *Train the Trainer* programme provides you with the full suite of Team Teach behaviour strategies, including all the required theory and the physical intervention skills to support low-medium-higher risk behaviours.

You'll be able to keep both the individuals within your care and your staff members safe with:

- a wide range of behaviour support and de-escalation strategies
- a toolkit of physical interventions, both non-restrictive and restrictive
- post-incident restorative approaches and support.

The course provides you with an accredited training framework and covers the legal requirements, planning, risk assessments and relationship building, so you can significantly reduce risk and restraint in your setting.

Core course modules include:

Primary (preventative approaches)	**Secondary** (person centered approaches & de-escalation)	**Tertiary** (non–restrictive strategies)	**Tertiary** (restrictive strategies)	**Repair, Restoration and Reflection**
Team Teach ethos, aims and objectives	Stages of distress & support	Disengagement techniques (including arms, clothing, hair)	Two person holding skills standing and seated – gradual and graded	Re-establishing communication and therapeutic rapport
Values and person-centred planning and risk assessment	Conflict spiral and cycle of influence	Low level prompts, guiding and escorting	Response to dead weight	Post-incident support & learning
Personal space, body language and understanding how feelings drive behaviours	The legal framework	Small child module (optional)	Separating individuals and safe release	Reporting and recording
Trauma & ACES	Safeguarding and policies	Modules are focussed and relevant to the specific settings and everyday situations encountered by those taking part.		

What you'll achieve - course outcomes



You'll gain an in depth understanding of behaviour; that all behaviour is communication, has a purpose and that some behaviours may signal a need for support.



You'll be able to understand and effectively cascade the *Team Teach Code of Practice & Protocols – Reducing Risk, Restraint & Restriction* to colleagues within your organisation.



You'll develop a thorough understanding of how to deliver training with a modular and principal based approach (blended learning options are also available).



You'll build confidence in assessing and balancing risk, so you know how best to respond in any situation.



You'll become fully equipped and confident teaching positive handling skills in behaviour support, including verbal and non-verbal communication, diversion & de-escalation and safe, effective, ethical physical interventions.



You'll understand the strategies needed to foster healthy environments and increase positive outcomes in your organisation.



You'll be able to help colleagues in your organisation develop shared values, attitudes, skills and knowledge, and successfully embed the Team Teach ethos.

> 95% of the Team Teach training and the Team Teach courses is not about physical intervention at all, it's all about those de-escalation techniques. If there were other schools considering investing in Team Teach trainers, I would be telling them not to hesitate because it allows their staff to be competent and confident to positively manage behaviour within their school.

Kieron Scott, Designated Safeguarding Lead and Academy Director, Paignton Academy

> I think I can safely say without Team Teach we wouldn't be where we are today. It has been four months since the training and the number of incidents we've had is zero, that speaks for itself. The individual is more settled, and the staff team have an air of confidence about them when dealing with situations. With everybody playing their part that's the reason we have not had any incidents, so the proof is in the pudding, the puddings good.

Martin Priddle, Deputy Manager, Meadow Court

Your certification

After successfully completing our *Train the Trainer* course you will better understand the needs of your organisation and be fully equipped to facilitate the most effective training for your colleagues. Intermediate Trainers will be certified to deliver our *Behaviour Support Training Level 1* and *Level 2* courses.

Your certification will be valid for 12 months.
Please note, re-certification is required annually, by completing a 2-day re-accreditation course.



Post course training resources and support

Once you've successfully completed the *Train the Trainer* course, you'll have access to a core suite of quality training and support materials including:

- course delivery resources such as presentations and ongoing support
- pre & post training materials – eg. health & safety forms, quizzes, summary evaluations
- helpful videos covering a variety of different techniques
- access to our trainer support line for guidance, support and advice.

See how we can help you today!

To discuss your particular training requirements and find out more, please contact us:

info@teamteach.com

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teamteach.com