Behaviour Support Training Level One

1 day course

The *Behaviour Support Training Level One - 6 Hour* course is for anyone working in low-risk settings wanting to develop a better understanding of behaviour and be more confident supporting children and young people.

With our award-winning training, everyone in your organisation will have a wide range of practical, person-centred de-escalation skills and positive behaviour strategies, to support children and young people and respond to their behaviour in a way that is reasonable, proportionate, necessary and respectful.

Training is delivered by experienced instructors and we can, further to pre-course consultation, ensure the focus of the modules is relevant to the specific settings and everyday situations encountered by those taking part.

Who will benefit from this course?

The *Behaviour Support Training Level One programme* is ideal for staff groups working in low-risk settings with children or young people.

Settings include, but are not limited to:

- Mainstream schools (all ages)
- SEND schools
- Alternative provisions
- Independent schools
- International schools
- Residential schools

Bild Association of Certified Training

Restraint Reduction Network Approved

icm The Institute of Conflict Management

CPD The CPD Certification Service

National Training Awards

What you'll achieve - course outcomes

You'll become fully equipped with de-escalation strategies, both verbal and non-verbal, and be able to identify escalating anxiety behaviours that could lead to crisis situations.

You will gain a detailed understanding of the drivers behind different behaviours, and how to respond at all stages of a crisis.

You will have the expertise and confidence to apply a set of proven de-escalation strategies, and to utilise personal safety & disengagement techniques if required, while focusing on keeping yourself, colleagues and students safe.

You will be equipped with an understanding of all required documentation, as well as best practice when reporting and reviewing incidents.

You'll understand the strategies needed to foster healthy environments and increase positive outcomes in your organisation.

After successfully completing our *Behaviour Support Training Level One course*, your certificate is valid for 24 months.

The course includes the following:

- Background to Team Teach
- International best practice
- Understanding emotions and behaviour
- Stages of a crisis
- De-escalation and regulation strategies
- Personal safety & disengagements
- Repair, reflection and review

If a greater degree of physical intervention skills is required, please refer to our Level Two course in which we progress to train staff in appropriate holding skills (12 Hour course).

How your staff and the children and young people in your care will benefit from this training

- A deeper understanding of different behaviours and what they are communicating.
- Improved student engagement and a reduction in classroom disruptions.
- Improved staff teamwork and communication skills.
- Improved staff retention and well-being.
- Increased staff confidence and competence in their approaches to behaviour and ability to make complex decisions when needed.
- Accredited CPD for on-going staff development and demonstrable investment in your teams.
- A safe, healthy learning environment for everyone in your school or setting.

Core course modules include:

Primary (preventative approaches)	**Secondary** (person centered approaches & de-escalation)	**Tertiary** (non-restrictive strategies)	**Repair, Restoration and Reflection**
Team Teach ethos, aims and objectives	Stages of distress & support	Personal safety and disengagement techniques	Re-establishing communication and therapeutic rapport
Values and person-centred planning and risk assessment	Conflict spiral and cycle of influence	Low level prompts, guiding and escorting	Post-incident support & learning
Personal space, body language and understanding how feelings drive behaviours	International best practice	Small children holding or separating fights	Reporting and recording
Trauma & ACES	Safeguarding and policies	Modules are focussed and relevant to the specific settings and everyday situations encountered by those taking part.	

97% of our recent course attendees evaluated their training as excellent or very good!*

TeamTeach

What I really love is the fact that the course is about a school-wide ethos of student concern and how our actions can lead to a better environment for our students and in turn ourselves. It is a course about creating a cultural shift in our community rather than just classroom strategies.

Mr Elhussein Elsharif, Pastoral Assistant Principal MHS, ACS International School, Qatar

We hosted a five-day training course from Teach Teach earlier this year and were blown away by all aspects. Our trainer (Nancy) was a fountain of knowledge and able to give practical and empathetic advice that was really useable. Whilst the course covered aspects of physical contact during crisis management, the vast majority of work was focussed on positive behaviour support in preventing situations escalating. The time and space the course allowed us as attendees, to consider and reflect upon our own practice, was fantastic. I think anyone who works with young people could benefit from this course.

James Clare, Learning Support & Pastoral Care Coordinator, St Andrews International School S107, Bangkok, Thailand

*According to feedback collated between October and December 2022, from 210 course delegates.

Hear more >>

See how we can help you today!

To discuss your particular training requirements and find out more, please contact us:

international@teamteach.com

+44 (0) 203 832 8875

teamteach.com/international