Kindness is a Strength

Being kind isn't always easy. But when we show kindness to others when they need it most, we can make a positive difference.

Be strong. Be kind.



Belonging Matters

Feeling like we belong is important to all of us.
Nobody likes to feel left out.

Be the reason someone feels
included today.



Bullying Stops With Us

Everyone has a role to play. When we speak up and support each other, we can put an end to bullying behaviour.

