

Foundation Trainer Plus Train the Trainer Course



The Team Teach *Foundation Trainer Plus* courses provide your organisation with researched, considered, behaviour support strategies for your staff, when responding to a wide range of behaviours in your work place.

We work with you to positively implement and transform behaviour support in your organisation and reduce the need for physical intervention. Our training provides you with a toolkit of strategies you can rely on and promotes respect, teamwork and communication with the focus on early intervention, de-escalation and prevention.

This 3-day course will certify you to deliver the *Behaviour Support Training Level One course content*.

Who are the *Foundation Trainer Plus* courses for?

This course is for individuals who want to lead on, and provide the delivery of training in behaviour and crisis support strategies, with a focus on early intervention, to colleagues throughout their own organisation.

Benefits of having your own in-house trainer

- ✓ Provides valuable and effective CPD for staff with positive effects on staff retention and well-being.
- ✓ Gives you greater flexibility with your internal training.
- ✓ Creates leaders to support positive culture changes.
- ✓ Empowers your staff with an in-depth understanding of a variety of behavioural support strategies that will be effective in your organisation.
- ✓ Provides you with a cost-effective way to train your staff teams on an ongoing basis.
- ✓ You can be confident that all training meets international best practice.



What's included in the *Foundation Trainer Plus* course?

The 3-day programme provides you with the suite of Team Teach behaviour strategies, including all the required theory and personal safety and disengagement skills.

You'll be able to keep both the individuals within your care and your staff members safe with:

- a wide range of behaviour support and de-escalation strategies
- a toolkit of non-restrictive physical interventions
- post-incident restorative approaches and support.

The course provides you with a tried and trusted training framework and covers best practice, planning, risk assessments and relationship building, so you can significantly reduce risk and restraint in your setting.



Core course modules include:

Primary (preventative approaches)	Secondary (person centered approaches & de-escalation)	Tertiary (non-restrictive strategies)	Repair, Restoration and Reflection
Team Teach ethos, aims and objectives	Stages of distress & support	Personal safety and disengagement techniques	Re-establishing communication and therapeutic rapport
Values and person-centred planning and risk assessment	Conflict spiral and cycle of influence	Low level prompts, guiding and escorting	Post-incident support & learning
Personal space, body language and understanding how feelings drive behaviours	International best practice	Small child module or separating fighting, dependent on setting.	Reporting and recording
Trauma & ACES	Safeguarding and policies	Modules are focussed and relevant to the specific settings and everyday situations encountered by those taking part.	

What you'll achieve – course outcomes



You'll gain an in depth understanding of behaviour; that all behaviour is communication, has a purpose and that some behaviours may signal a need for support.



You'll become fully equipped and confident in behaviour support, including verbal and non-verbal communication, diversion & de-escalation and safe, effective, ethical personal safety and disengagement skills.



You'll be able to understand and effectively cascade the *Team Teach Code of Practice & Protocols – Reducing Risk, Restraint & Restriction* to colleagues within your organisation.



You'll understand the strategies needed to foster healthy environments and increase positive outcomes in your organisation.



You'll develop a thorough understanding of how to deliver training with a modular and principle based approach.



You'll be able to help colleagues in your organisation develop shared values, attitudes, skills and knowledge, and successfully embed the Team Teach ethos.



You'll build confidence in assessing and balancing risk, so you know how best to respond in any situation.



In 10 years of teaching this is the first course that has provided me with a confidence for my safety, my pupils safety and a way forward for staff and pupils together to build more productive and positive relationships.



Senior Teacher, EBD Residential School

Your certification

After successfully completing our *Foundation Trainer Plus* course you will better understand the needs of your organisation and be fully equipped to facilitate the most effective training for your colleagues. Trainers will be certified to deliver the *Behaviour Support Training Level One* courses.

Your certification will be valid for 12 months. Please note, re-certification is required annually, by completing a 1-day re-accreditation course.

Post course training resources and support

Once you've successfully completed the *Foundation Trainer Plus* course, you'll have access to a core suite of quality training and support materials including:

- ✓ course delivery resources such as presentations and ongoing support
- ✓ pre & post training materials – eg. health & safety forms, quizzes, summary evaluations
- ✓ helpful videos covering a variety of different techniques
- ✓ access to our trainer support line for guidance, support and advice.



Get in touch today!

To discuss your particular training requirements and see how we can help you, please contact us:



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